

Senior Units Suggested Skills and Techniques to Learn



Use this chart to map out your progress. As you complete a project, check the skills used for each project. When selecting a new project, be sure to include *at least three new skills*.

		Senior	Level I		Senior Level II			
Technique/Skill	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Selection of pattern/fabric Napped fabric/one-way directional design								
Plaids or stripes								
Specialty knits								
Rainwear or microfibers								
Sheer								
Slippery/shiney						Ì		
Leather /leather like								
Other: specify								
Pattern alterations						Ì		
Machine sewing								
Basting								
Topstitching						Ì		
Zigzag								
Decorative								
Seams/seam finishes						Ì		
French or mock French								
Binding (Hong Kong or other)								
Turned and stitched								
Serged								

		Senior	Level I		Senior Level II			
Technique/Skill	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Seams/seam finishes Other: Specify								
Casing with elastic/drawstring								
Elasticized edges (waist, cuffs, armholes)								
Facings Grading/clipping								
Understitching								
Waistband								
Interfacing								
Zipper Centered								
Lapped								
Fly								
Invisible								
Separating								
Shaping techniques Simple dart								
Double-pointed dart								
Princess seam								
Shaping techniques Pleats/tucks								
Gathers								
Collar Flat								
Shirt collar with stand						Ì		
Collar Stand up								
Notched lapel								
Rolled								
Other: specify								

Technique/Skill		Senior	Level I		Senior Level II			
	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Sleeves								
Raglan	ļ	ļ						
Set-in shirt style								
Regulation set-in								
Kimono								
Buttons								
Buttonholes Machine worked								
Bound								
Hand worked								
Other closures Hook and eye								
Hook with thread eye/loop		1						
Snap								
Button with fabric or thread loop								
Lining		Ì						
Underlining								
Cuffs								
Plackets Neckline								
Plackets Sleeve								
Pockets Patch								
In seam								
Welt/bound								

Technique/Skill	Senior Level I				Senior Level II			
	Let's be Casual	Dress It Up	Match It Up	Creative Expression	Leisure Time	Formal Affair	Tailor Made	Wearable Art
Hems		Ì						
Hand blind stitch/slip stitch								
Hand catchstitch								
Machine rolled								
Narrow rolled-serger		Ì						
Other: specify								
Embellishment Appliqué								
Beadwork								
Dyeing								
Painting		Ì						
Embroidery								
Quilting								
Other: specify								
Computer Aided Design (CAD)								

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